Nature Appreciation Walk: Showing Our Gratitude Towards Nature



- Go on a walk in nature and use your senses to observe your environment.
- Write and draw your observations below.
- Then, write your appreciations in a letter to nature on the following page.

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| Plants | Animals |
| What plants do you see? Describe their size, | What animals do you see? Describe them and |
| shape, and color. Draw a picture of your | what they are doing at the time you observe |
| observations. | them. Don't forget to carefully lift up a rock or |
| | log to observe any critters living underneath! |
| | Draw a picture of your observations. |
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| Weather | Sounds |
| Weather How is the weather? Is it a warm or cool day? Is | Sounds What sounds do you hear? Where are they |
| How is the weather? Is it a warm or cool day? Is | What sounds do you hear? Where are they |
| How is the weather? Is it a warm or cool day? Is the sun shining or is it cloudy? Is there a breeze? | What sounds do you hear? Where are they coming from? How would you describe the |
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Letter of Gratitude Towards Nature

From the observations you described on the first page, write a letter of gratitude towards nature. Use the following sentence stems to guide your writing. Remember to use the correct format for letter writing, including a greeting and a closing.





• Thank you for giving me/us...

• On my nature walk today, I noticed...



